



**Allyson A. Oshiro, M.D.**

**Education:** M.D., Loma Linda University School of Medicine (2015); B.A. English, Walla Walla University (2010)

**Training:** 7/2015- current: Psychiatry Resident at Boston University Medical Center

**Current memberships:** Massachusetts Psychiatric Society, American Psychiatric Association

**Personal Statement:** I am honored to be nominated for resident fellow member position in the Massachusetts Psychiatric Society. My previous experience in working with organizations to promote change includes actively participating in my medical school chapter of the American Medical Association. I traveled to Washington DC with other medical student representatives during an annual trip spent speaking with our state and district representatives. When legislation concerning lifting caps on malpractice lawsuits and other restrictions that were felt to impede patient care and discourage medical practice was placed the state ballot, I attended AMA meetings and helped raise awareness of the dangers of this piece of legislation.

I am excited for the opportunity to become involved in further advocacy for our patients and their needs. One valuable way to serve our patients is to spread awareness about the resources available to them and to improve and make these more accessible for them. Training at Boston Medical Center is a wonderful experience in working with a diverse and complex population who utilize a variety of resources and has made me more aware of the difference we are able to make.

If elected, I would encourage more resident involvement MPS in order to advocate for our patients. I want to foster relationships with other psychiatric trainees from across the state, as well as with established psychiatrists, to create a sense of community and collaboration with other individuals in our field that we will be working with for years to come. As the skills learned in training are often the ones we will continue to practice in our careers, I believe that encouraging resident involvement will positively impact the involvement of future leaders of our field. I would be honored to serve our patients and profession in this role.