

Western MA Chapter Dinner Meeting
“The Challenge of Metabolic Abnormalities in Mental Illness”
Wednesday, September 22, 2010
Sturbridge Host Hotel, Sturbridge MA

The MPS Western MA Chapter will host a dinner presentation on “The Challenge of Metabolic Abnormalities in Mental Illness” at the Sturbridge Host Hotel on Wednesday, September 22, 2010 from 7:00-9:00pm. The guest speaker, Dr. Theo Manschreck, will offer a one hour presentation followed by 30 minutes of group discussion and Q&A. The cost to attend is \$20/person.

Program Overview

During the last decade, multiple lines of investigation have led to the sobering realization that the life expectancy for individuals suffering from serious mental illness is substantially below averages for the general population. Reduced longevity is associated with a number of factors, perhaps none more potent than metabolic abnormalities. The sources are several and the path to reversing this public health challenge is obscure. This presentation will describe the nature of the challenge and indicate possible interventions.

The lecture will identify the variety and sources of health risks for mentally ill individuals and describe the role of metabolic risks in this context. Metabolic risks include weight gain, hyperglycemia, dyslipidemia, and hyperprolactinemia. Each will be examined in terms of nature, role of treatment in etiology, and strategies for intervention and prevention.

Program Objectives

At the conclusion of this activity, participants will be able to:

- Provide an overview of the features of metabolic disturbance in serious mental illness— nature and impact
- Recognize a chronic and devastating characteristic of morbidity in serious mental illness
- Describe some of the efforts to deal with these abnormalities and their success

Continuing Medical Education

The Massachusetts Psychiatric Society designates this educational activity for a maximum of 1.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Massachusetts Psychiatric Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Venue & Directions

Sturbridge Host Hotel & Conference Center
366 Main Street
Sturbridge, MA 01566
508-347-7393

Sturbridge Host Hotel & Conference Center is located on Route 20. From the North, East and West, take the Massachusetts Turnpike (Interstate 90) to Exit 9, Route 20 West. From the South, take either Interstate 84 or Route 131 to Route 20 West. Sturbridge Host Hotel & Conference Center is located on the shore of Cedar Lake, just past the first set of traffic lights.

To register for this activity, you may contact the MPS office at 781-237-8100, x210, email mpatel@psychiatry-mps.org or register online at www.psychiatry-mps.org.