



2021 MPS OUTSTANDING PSYCHIATRIST AWARDS

PSYCHIATRIC EDUCATION - Alan Stuart Pollack, MD



Alan Pollack, M.D. Ph.D., received his undergraduate degree from Massachusetts Institute of Technology and later received a Ph.D. in mathematics from MIT. During his graduate years he received a National Science Fellowship and Alfred P. Sloan Fellowship. He later earned his medical degree from Harvard Medical School. Dr. Pollack completed his residency in Psychiatry at Massachusetts Mental Health Center where he was a Chief Resident and Elvin Semrad Teaching Fellow. He is a graduate of the Boston Psychoanalytic Society and Institute. Dr. Pollack is certified by both the American Board of Psychiatry and Neurology and the Board of Professional Standards of the American Psychoanalytic Association. He is a Distinguished Life Fellow of the American Psychiatric Association.

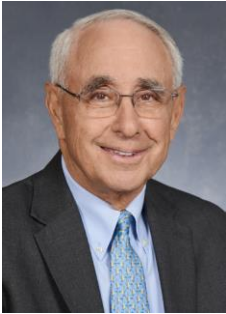
Dr. Pollack is on the faculty of the Boston Psychoanalytic Society and Institute and formerly was on the faculty of Harvard Medical School. In addition to being in the full-time practice of psychotherapy and psychoanalysis, Dr. Pollack has devoted his professional life to educating mental health clinicians in psychodynamic psychotherapy. Under the auspices of the American Psychoanalytic Association, he served as mentor for the development of psychotherapy training programs throughout the United States. He also chaired the discussion group in psychotherapy techniques and process at the American Psychoanalytic Association where he also served on their Program Committee. Because of his contributions as an educator, Dr. Pollack was honored as a recipient of the Edith Sabshin Teaching Award of the American Psychoanalytic Association. This award recognizes individuals who have made outstanding contributions as educators of students who are not candidates in Psychoanalytic Training.

Locally, Dr. Pollack served for 24 years as the Director of Psychotherapy Training at the Boston Psychoanalytic Society and Institute and its preeminent teacher at their Advanced Training Program in Psychoanalytic Psychotherapy. He was also the longtime co-chair of their program in Psychoanalytic Studies. Dr. Pollack became the driving force and founder of the Psychoanalytic Psychotherapy Fellowship program at the Boston Psychoanalytic Society and Institute. Because of his seminal contributions in educating mental health clinicians in psychodynamic psychotherapy, the Boston Psychoanalytic Society and Institute named their annual psychotherapy conference in his honor. This conference is now deservedly called the Alan Pollack, M.D. Annual Psychotherapy Conference on the Nature of the Transference.

The Massachusetts Psychiatric Society is extremely privileged to honor Dr. Alan Pollack with its 2021 Outstanding Psychiatrist Award in Education.



CLINICAL PSYCHIATRY - Ethan Samuel Rofman, MD, DLFAPA



Dr. Ethan Rofman graduated from Columbia College and received his MD from the Columbia University College of Physicians and Surgeons. He then completed a general psychiatry residency at Massachusetts Mental Health Center and has been certified by the ABPN with subspecialty certification in Geriatric Psychiatry. After residency, he served in the US Air Force where he was Chief of Psychiatry at the 11th USAF Hospital and primary consultant to all USAF Hospitals in Thailand for which he was honored with an Air Force Commendation Medal.

After leaving the Air Force, Dr. Rofman became Chief of Consultation Liaison Psychiatry at Boston City Hospital and henceforth, assumed several clinical leadership positions. He was Medical Director of the Charles River Hospital, Chief of Psychiatry and Mental Health at New England Memorial Hospital, Chief of Psychiatry at Framingham Union Hospital (MetroWest Medical Center) and Chief of Psychiatry at the Edith Nourse Rogers VA Medical Center at Bedford. At Charles River Hospital, he worked on establishing the first child psychiatric residency training program in a for profit private psychiatric hospital in MA, the BU Child Psychiatry residency program. At Framingham Union Hospital, he was instrumental in merging the staff of Framingham Union and Leonard Morse Hospitals. As Chief of Psychiatry at Bedford VA, he worked on establishing 13 residency training positions for the BU Psychiatry Residency program. From there he became the Medical Director of the MA Behavioral Health Partnership which managed the Medicaid MH system for the Commonwealth. He then served as the Service Line Director for Mental Health at the VA New England Healthcare System (VISN 1) from 2000-2010 and successfully led and coordinated the Mental Health, PTSD, Suicide Prevention and Homelessness programs at the eight VA medical centers in New England. He returned the BU residents' psychiatry rotation at Bedford VA and established a rotation in consultation/liaison psychiatry at the West Roxbury VA. Upon retirement from the VA, he served as Associate Medical Director for Outpatient Mental Health and currently, as Psychiatric Reviewer for Tufts Health Plan. He has also been on the Advisory committee or Board of Directors of Blue Cross/Blue Shield, Tufts Health Plan, and the Bay State Health Care plan.

As a supervisor and teacher, he is Emeritus Associate Professor of Psychiatry at BU, held seminars, chaired case conferences and continues to teach a course on the History of Psychiatry to BU residents. He has given presentations on Leadership Skills for Physician Executives, wrote textbook chapters on psychiatric emergencies and has been a book reviewer for 5 books including Kaplan and Sadock's Synopsis of Psychiatry. He was a major contributor to the Program Guide on Anti-Schizophrenia Drug use and the Clinical Practice Guidelines for the Treatment of Schizophrenia in Adults.

He is a Distinguished Life Fellow of the APA and was elected Councilor of the Mass Psychiatric Society from 1994-1997. In this capacity, he was a member of the MA Governors Statewide Advisory Council for the Department of Mental Health. He was recognized by the Massachusetts Medical Society, Mass Organization of Nurse Executives and Mass Hospital Association with the Pride in Medicine Nurse/Physician Quality Award in 1989 and in 2009, was a recipient of the Exemplary Psychiatrist Award from the National Alliance for the Mentally Ill. He is held in high regard over many decades by both colleagues and health care leaders.

For his clinical contributions and impressive leadership of several major mental health programs in the Commonwealth, Massachusetts Psychiatric Society is pleased to honor Dr. Rofman with the 2021 Outstanding Psychiatrist Award for Clinical Psychiatry.



CLINICAL PSYCHIATRY - Kenneth G. Terkelsen, MD



Dr. Kenneth Terkelsen has devoted his career to the treatment of the seriously mentally ill as a clinician, a teacher, an innovator, and an administrator. Dividing his career between New York City and Cape Cod, he has developed programs for the treatment of schizophrenia and borderline personality while always being highly committed to patients with the greatest needs.

Dr. Terkelsen graduated from Georgetown University and Jefferson Medical College. After his internship at Boston City Hospital, he completed his psychiatric residency at Lincoln Hospital and Albert Einstein College of Medicine. He also completed a fellowship in Social and Community Psychiatry in the Southeast Bronx. Dr. Terkelsen worked for several years providing outpatient mental health services for New York State in the Washington Heights section of New York. In 1987, he moved to Cornell/ New York Hospital's Westchester Division, where he developed an intensive outpatient program for people with schizophrenia and played a leading role in making Clozapine available for treatment. He worked to develop a separate outpatient program for people with borderline personality disorder. During this period, he received the Outstanding Advocate Award in 1989 from The Alliance for the Mentally Ill of New York State. In 1989, he received the Teacher of the Year Award from the Cornell Department of Psychiatry, and in 1992, he received the Exceptional Psychiatrist Award from the National Alliance on Mental Illness. Dr. Terkelsen became Associate Professor of Clinical Psychiatry at the Weill Medical College of Cornell University.

At this point in his career, Dr. Terkelsen returned to Massachusetts, and became Medical Director in the DMH Cape and Islands Community Health Center for five years, after which he served 5 years as the Medical Director for Outpatient Services at Gosnald. From 2007-2013, he worked in private practice in general psychiatry. He became a member of the psychiatric staff of the Community Health Center of Cape Cod in 2008, where he served as a psychiatrist, closely collaborating with the primary care team. In 2017, he helped develop the telemedicine service and the Community Health Center. He is currently working with the challenges of COVID and the use of intranasal Esketamine in a primary care setting.

Dr. Terkelsen has excelled as an administrator, a teacher, a clinician and as an advocate for the mentally ill. An excellent collaborator, he has successfully brought his leadership to a large and divergent number of settings. Fortunately for the residents of Cape Cod, he shows no signs of slowing down and continues to be a pillar for psychiatric services on Cape Cod. He has truly had an outstanding and distinguished career.

The MPS is pleased to present Dr. Kenneth Terkelsen with the Massachusetts Psychiatric Society 2021 Outstanding Psychiatrist Award for Clinical Psychiatry.



PUBLIC SECTOR - Donald Condie, MD, DLFAPA



Dr. Donald Condie is a graduate of Tulane University where he triple-majored in philosophy, psychology, and sociology. Meanwhile, he did part time work at Charity Hospital on the infamous public psychiatry unit for the uninsured. This experience may have inspired him later in his career to become an advocate for public sector patients.

After completing studies in biochemistry at the University of New Orleans, Dr. Condie went to medical school at the Louisiana State University Medical Center. Following graduation, he came to Boston where he did a rotating internship at Brigham and Women's Hospital and a residency in adult and then in child/adolescent psychiatry at the Massachusetts Mental Health Center where he was heavily influenced by Tom Gutheil and Larry Hartmann. He then did a fellowship in forensic psychiatry at MMHC and was a visiting fellow in forensic psychiatry at the Harvard Law School. He became certified by the American Board of Psychiatry and Neurology in Adult and Child/Adolescent Psychiatry as well as in forensic psychiatry.

Don's moonlighting jobs during residency introduced him to several other state facilities including Danvers, Taunton State Hospital and Brockton Multi-Service Center. Upon graduating residency Don became Medical Director of the Brockton Crisis Unit and the DMH child psychiatrist for the Southeast area of DMH while also serving as consultant for the DMH Department of Mental Retardation.

For the next 23 years of his career, Don split his time between Mass. General Hospital working mostly on the Child Psychiatry Service but gradually becoming more involved with court consultations regarding juvenile offenders in the Department of Youth Services. When the state decided to close the Gabler Unit (the last only state-run child psychiatry unit in Massachusetts), Don was asked to serve on the Commission to advise DMH which services should be contracted out privately as a replacement. One substitute for the Gabler Unit was a system of residential schools funded primarily by public school systems in partnership with DCF. Don has served as consulting child psychiatrist to several of these residential schools.

Dr. Condie has held many positions in the Massachusetts Psychiatric Society including secretary and president of the Society and Chair of the Ethics Committee. He was President of the New England Council of Child/Adolescent Psychiatry and has been an active member of the American Academy of Child and Adolescent Psychiatry; American Academy of Psychiatry and the Law and served on the Committee on Allegations of Sexual Abuse of the American Professional Society on the Abuse of Children. He was also Secretary – Treasurer of the Suffolk County Medical Society.

He has taught Child Psychiatry residents and fellows at both MGH and Cambridge Health Alliance and has been invited to present at many local, regional, and national conferences.

He has written several chapters and many professional educational materials. He is currently Lecturer in Psychiatry, part-time at Harvard Medical School throughout his career Don has been involved in a number of research projects including one in conjunction with the Center for Medicare and Medicaid on the integration of medical nurse practitioners into mental health teams to see if these medical services would reduce costs and unnecessary ER visits.

He has been honored by the LSU Medical Center with the National Research Service Award and by Mass Mental Health Center with the National Psychiatric Endowment Fund Fellowship. He is a Distinguished Life Fellow of the APA.

For the last 10 years Don has been medical director of VINFEN, an agency that serves Public Sector clients exclusively. He advocates on behalf of people with severe mental illness or developmental disabilities whom Vinfen serves.

In appreciation for his support of and advocacy for public sector patients, the Massachusetts Psychiatric Society is pleased to award Dr. Donald Condie with the 2021 MPS Outstanding Psychiatrist award for Public Sector Psychiatry.



LIFETIME ACHIEVEMENT – Orlando B. Lightfoot, MD, DLFAPA



Dr. Orlando Lightfoot is Emeritus Professor of Psychiatry, Boston University School of Medicine. and, before his retirement in 2015, was Vice Chair for Community Psychiatry at the Boston University School of Medicine / Boston Medical Center. At the time of his retirement, he was also Senior psychiatric consultant to the Codman Square Health Center, and the Upham’s Corner Health Centers in Dorchester, MA.

Born in Chicago, Illinois, Dr Lightfoot is a graduate of Fisk University, (1957) and Meharry Medical College, (1965). He completed an internship at Illinois Masonic Hospital and a residency in adult psychiatry at the University of Illinois Research & Educational Hospitals in Chicago (1965-69), followed by a fellowship at the Laboratory of Community Psychiatry, Harvard Medical School.

Over a long and distinguished career, Dr. Lightfoot has held numerous academic, clinical and educational posts in the Division of Psychiatry at Boston University (BU), and at BU affiliated facilities including: Director of Adult Ambulatory Psychiatry Services; Senior Psychiatrist in the Consultation and Liaison Service and Section Chief of Geriatric & Rehabilitation Psychiatry at Boston City Hospital. He also served as Chief of the Behavioral Neuropsychiatry Unit at the Jewish Memorial Hospital and Medical Director of the Dr. Solomon Carter Fuller Mental Health Center.

Dr. Lightfoot is truly a pioneer in the field of community psychiatry. For almost a half century he worked to develop and expand mental health services and improve the quality of care in numerous community-based and hospital settings throughout the greater Boston area. In so doing, he brought a unique ability to integrate psychodynamic and behavioral principles into everyday medical / psychiatric practice. His expertise in identifying and addressing important variables that impact the quality, continuity and cost of care in community settings, including race and cultural factors, has been invaluable in improving the care our patients receive. He has shared these insights in teaching, supervising and mentoring several generations of medical students, psychiatrists, psychologists and other mental health professionals as well as with a wider, national audience through numerous professional publications and presentations at local and national conferences.

In recognition of his accomplishments Dr. Lightfoot was named a Distinguished Life Fellow of the American Psychiatric Association and, in 1995 received the Massachusetts Psychiatric Society’s “Outstanding Psychiatrist Award for Public Sector Services”. In 2011 he was selected as the “E.Y. Williams Senior Clinical Scholar of Distinction” by the National Medical Association’s Section of Psychiatry and Behavioral Sciences. In 2014 he received a Presidential Service Award from the Massachusetts Psychiatric Society. In addition to the APA and MPS Dr. Lightfoot is a member of the National Medical Association, the American Psychoanalytic Association and a graduate of the Boston Psychoanalytic Society and Institute (BPSI).

Dr. Lightfoot retired as a full-time physician in 2015 but continues to work as a part time psychiatric consultant while spending time with his wife and 5 children. participating in numerous church and community-based organizations and singing with several ensembles and church groups.

It is with profound admiration and gratitude that the Massachusetts Psychiatric Society presents its 2021 Lifetime Achievement Award to Dr. Orlando Lightfoot.



RESEARCH - Nassir Ghaemi, MD, DFAPA



Dr. Nassir Ghaemi is a Professor of Psychiatry at Tufts University School of Medicine and Lecturer on Psychiatry at the Cambridge Health Alliance and Harvard Medical School.

He is also Director of Translational Medicine-Neuroscience at the Novartis Institute for Biomedical Research in Cambridge. He received his Bachelor of Arts in History from George Mason University in 1986 and MD from Medical College of Virginia in 1990. He completed his residency in Adult Psychiatry at McLean Hospital where he served as chief resident on the Psychopharmacology Service. He was awarded a master's in philosophy from Tufts University in 2001 and in 2004 a Master of Public Health from the Harvard School of Public Health. With this eclectic background, Dr. Ghaemi has made substantive contributions in psychopharmacology with a special emphasis on bipolar disorder, in psychiatric epidemiology and on the interface between mental illness and philosophy.

Dr. Ghaemi has published over 275 papers over the last 25 years, which have been cited over seven thousand times with an *h*-index of 44. Over the last 15 years, his annual citation numbers have exceeded 300 per year. In addition, he has written 7 books including the highly regarded *Clinical Psychopharmacology: Principles and Practice* (Oxford University Press, 2019) and edited 2 more. He sits or has served on 15 editorial boards including *Acta Psych Scand* and *J Affect Disorders*. His research expertise has been recognized by his appointment to research review committees for NIMH, the VA and the PHRMA Foundation.

The area of mental illness where he has made particular contributions concerns bipolar disorder where his meta-analysis was able to show that chronic antidepressant treatment was not superior to mood stabilizer treatment alone in preventing recurrence of depression in bipolar disorder but did significantly increase risk for mania (*Acta Psych Scand* 118: 347, 2008; cited >110 times). This conclusion was supported by the outcome of a large-scale clinical study that he directed of the consequences of antidepressant withdrawal in patients with bipolar disorder concurrently treated with mood stabilizers (Ghaemi et al. *J Clin Psych* 71:372, 2010; Cited >90 times). He continues research on novel mood stabilizers for bipolar disorder.

Massachusetts Psychiatric Society is pleased to recognize Nassir S. Ghaemi, MD, MA, MPH with its 2021 Outstanding Psychiatrist in Research Award.



ADVANCEMENT OF THE PROFESSION - Giuseppe J. Raviola, MD, MPH



Dr. Raviola graduated *cum laude* from Dartmouth College with high honors in history. He earned his medical degree from Harvard Medical School (HMS) and a public health degree in Clinical Effectiveness from the Harvard T.H. Chan School of Public Health. He trained in general psychiatry at Massachusetts General Hospital (MGH) and McLean Hospital, and in child and adolescent psychiatry at Dartmouth-Hitchcock Medical Center.

Dr. Raviola currently serves as Director of Mental Health for PIH, Director of the Program in Global Mental Health and Social Change at HMS, and Associate Director of the Chester M. Pierce M.D. Division of Global Psychiatry at MGH. He is an Assistant Professor of Psychiatry, and Global Health and Social Medicine, at HMS. Seeking to advance education and career development opportunities in psychiatry and global health, he has developed two innovative fellowship programs in global mental health delivery and implementation research for early career psychiatrists, and a new graduate student course in global mental health delivery. He has contributed to more than 50 peer-reviewed publications and book chapters spanning global mental health implementation, disaster psychiatry, ethnography and cultural anthropology, HIV/AIDS, mental health policy and clinical psychiatry.

In 2000 as a medical student, Dr. Raviola worked as a clinical observer at East Africa's largest public hospital. He and local physician leaders completed one of the first studies of physician mental health in the context of HIV/AIDS in sub-Saharan Africa. He has spent his career since then working in global health. Dr. Raviola has accompanied front-line implementers of mental health service delivery programs in both providing urgently needed care, and in building mental health care delivery systems for the long-term. Following clinical training, in 2009 Dr. Raviola began work in post-genocide Rwanda with the international health care organization Partners In Health (PIH), integrating care for severe mental disorders into public sector primary care systems. In 2010 he responded to the devastating Haiti earthquake emergency, undertaking with local colleagues a decade-long process of developing a rural, integrated, community- and facility-based mental health system. Since the 2014-16 Ebola crisis response in West Africa, he has collaborated with local colleagues in Liberia and Sierra Leone to strengthen community-based mental health care, including the development of novel homeless outreach programs, and supporting the reform of the oldest psychiatric hospital in sub-Saharan Africa (now Sierra Leone Psychiatric Teaching Hospital). In 2020, with PIH engaged by the Commonwealth of Massachusetts to develop a new contact tracer corps during the COVID-19 pandemic response, he advocated for a dedicated mental health and psychosocial response, trained the new corps in Psychological First Aid and in mental health referral, and supported the development of a peer support program for staff.

For his striving to build teams and bridge disciplines for the benefit of public mental health across contexts, and to elevate the place of Psychiatry within the global discourse on health, the Massachusetts Psychiatric Society is pleased to recognize Dr. Giuseppe Raviola with its 2021 Advancement of the Profession Award.



EARLY CAREER PSYCHIATRY - Michelle P. Durham, MD, MPH, FAPA



Dr. Michelle P. Durham matriculated at Louisiana State University as the Ronald E. McNair Scholar and made Dean's List all four years. After graduation from college with a BS in Microbiology, she went to Emory University to earn a master's in public health, Health Policy and Management. While in Atlanta, she worked as the Assistant Director for the Center of Excellence on Health Disparities at the Morehouse School of Medicine and then returned to the Louisiana State University for medical school. She was awarded several Scholarships and Travel Grants from the American Psychiatric Association and Future Leaders in Preventive Medicine.

She then came to Boston for her adult psychiatry residency at Boston Medical Center. In 2011, she was the first psychiatric resident to receive a Massachusetts Psychiatric Society Presidential Award, was inducted into the Alpha Omega Alpha National Medical Honor Society, selected for the APA/SAMHSA Minority Fellowship Program and received the American Medical Association Foundation Leadership Award. She fast tracked into the Child and Adolescent Psychiatry training program at the Yale Child Study Center in New Haven Connecticut where she served as the Chief Resident during her second year of fellowship training. After her fellowship, she returned to Boston initially holding positions at both Boston Children's Hospital and Boston Medical Center. By 2016, her work was centered in the Department of Psychiatry at Boston Medical Center. She holds Board Certification in Adult Psychiatry & Neurology, Subspecialty Board Certification in Child & Adolescent Psychiatry and Subspecialty Board Certification in Addiction Medicine.

Throughout her career, she is committed and passionate about serving marginalized communities, working for health equity and advocating for equitable mental health treatment both locally and globally. She is an academic powerhouse committed to clinical care, teaching, and research. At BMC, she is the Adult Psychiatry Residency Training Director, Public Psychiatry Fellowship Training Director, and Vice Chair of Education. Her research focuses on workforce development in groups historically excluded from medicine, training and education for both the pediatric workforce and mental health professionals. She is the Director of Clinical training for the BMC Transforming and Expanding Access to Mental Health in Urban Pediatrics (TEAM UP) which is a grant funded initiative to bring mental health care into the pediatric primary care setting in federally qualified community health centers. Through the TEAM UP initiative, she developed an e-course for the pediatric care team to build foundational skills in working with children and adolescents with behavioral health concerns.

Additionally, she is the Principal Investigator for two federally funded HRSA grants: Maternal and Child health Collaborative Office Rounds and the Achieving Culturally Competent and Equitable Substance Use Services (ACCESS) Training Program. Dr. Durham has a global reach through her work. She served as Conference Director for the African Diaspora Global Mental Health Conference in Cape Town Africa, Director of Training and the Executive Committee of the African Global Mental Health Institute, and Associate Director, Global and Local Center for Mental Health Disparities at BMC/BU School of Medicine. She has numerous presentations internationally on child mental health, trauma, behavioral assessment and treatment, Autism, and her research findings in Columbia South America, Singapore, throughout the Continent of Africa and more recently through webinars. She presents her clinical and research findings regularly at the APA's Annual meeting and the Institute of Psychiatric Services. Throughout the COVID-19 Pandemic, she has participated in webinars about racial inequities and the impact of the pandemic on youth. Additionally, this past year, she has been featured in Medscape, Psychiatric News, WGBH News, and Boston 25 News.

She currently serves as the MPS Representative to the APA Assembly, is a member of the APA Council on International Psychiatry and Global Health, the AACAP's Committee on Health Promotion and Prevention, and the ABPN Clinical Psychiatry Committee. She has received the status of Fellow of the American Psychiatric Association and Distinguished Fellow of the American Association of Child & Adolescent Psychiatry.

With such an outstanding record of professional activities within the first 10 years of her career, her enduring commitment to health disparities research and advocacy for racial equity in health care, she was resoundingly awarded the 2021 MPS Outstanding Psychiatrist Award for Early Career Psychiatry.