

Massachusetts Psychiatric Society Antiracism Conference Series March 2, 2021, Recommended Reading and Resource List

Books recommended By Dr. Orlando B, Lightfoot

1. Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond, Marc Lamont Hill, 2016.
2. American Apartheid: Segregation and the Making of the Underclass, by Douglas S. Massey, James Anderson Foster, et al., 1993.
3. The Autobiography of Martin Luther King, Jr., Dr. Martin Luther King, J (author), Clayborne Carson, (editor)
4. Faces at the Bottom of the Well: The Permanence of Racism, Derek Bell, 1992

From the APA

1. Structural Racism task Force recommended reading link https://www.psychiatry.org/psychiatrists/structural-racism-task-force?utm_source=Internal-Link&utm_medium=Side-Hero
2. Link to Structural Racism Glossary of terms <https://www.psychiatry.org/psychiatrists/structural-racism-task-force/glossary-of-terms>
3. Talking to Patients about Race Guide as an additional resource https://www.psychiatry.org/File%20Library/Psychiatrists/Directories/Library-and-Archive/resource_documents/Resource-Documents/Resource-Documents-2020-How-Psychiatrists-Can-Talk-About-Race-Racism.pdf

From MPS

MPS resource Guide for Antiracist Action: <https://www.psychiatry-mps.org/resource-guide-for-anti-racist-action>

From the Institute of Medicine (now National Academy of Medicine)

1. Institute of Medicine Unequal Treatment; Link to entire book, free pdf: <https://www.nap.edu/download/12875>
2. Institute of Medicine Unequal Treatment summary https://www.nap.edu/resource/10260/disparities_providers.pdf

Other

How Structural Racism Works, NEJM

<https://www.nejm.org/doi/pdf/10.1056/NEJMms2025396?articleTools=true>

Suggested discussion norms for challenging conversations.

<https://www.courageousconversations-milton.org/discussion-norms>