



2019 MPS OUTSTANDING PSYCHIATRIST AWARDS

PSYCHIATRIC EDUCATION - Albert John Sargent, III, MD



Dr. John Sargent graduated from the Massachusetts Institute of Technology and received his medical degree from the University of Rochester School of Medicine where he was elected to the Alpha Omega Alpha honor society. He completed an internship and residency in general pediatrics at the University of Wisconsin Hospital. He then did his residency in adult psychiatry at the Hospital of the University of Pennsylvania and his residency in child and adolescent psychiatry at the Philadelphia Child Guidance Clinic. He is board-certified in pediatrics, adult psychiatry, and child and adolescent psychiatry.

John has a 30-year record of outstanding teaching and mentoring in child and adolescent psychiatry. His remarkable skills as a teacher and mentor have been recognized with awards for “excellence in teaching” by the University of PA School of Medicine, by the Baylor College of Medicine, and by the Tufts University School of Medicine where he has held faculty appointments.

He is recognized as a national leader in developing systems of care for children with significant behavioral health issues. Other interests include consultation-liaison psychiatry, family therapy, international adoptions, and eating disorders. He has published over 90 peer-reviewed articles, invited chapters, and editorials. He has coauthored three books, including *Madness, Chaos and Violence: Therapy with Families at the Brink* and *Treatment of Child Abuse, Common Ground for Mental Health, Medical, and Legal Practitioners*, the latter of which was praised by Walter Mondale as an “inspiration to all those who have dedicated their professional careers to improving the lives of abused children.”

Dr. Sargent has served on the editorial boards of *Families, Systems, and Health*, *Family Process*, and the *Journal of the American Academy of Child and Adolescent Psychiatry*. Over the last 40 years his research has been supported by the NIMH, the Substance Abuse and Mental Health Services Administration (SAMHSA), and various foundations.

He has been elected president of the American Family Therapy Academy; president of the New England Council on Child and Adolescent Psychiatry, and treasurer of the American Orthopsychiatry Association.

He is a member of the Family Committee for the Group for the Advancement of Psychiatry and is a member of the model Curriculum Task Force for the American Association of Directors Psychiatry Residency Training.

Given his international reputation as a clinical expert in child and adolescent psychiatry and his over three decades as an acknowledged outstanding teacher and mentor, he richly deserves the 2019 Psychiatric Education Award from the MPS.



CLINICAL PSYCHIATRY - Kerry Bloomingdale, MD



Dr. Kerry Bloomingdale graduated magna cum laude from Yale University with honors in psychology. He then attended Harvard Medical School and completed his residency in psychiatry at the Massachusetts Mental Health Center, where he worked with Dr. Joseph Schildkraut's research group in studies on biogenic amines. He then did a fellowship in the Clinical Research Training Program at the National Institute of Mental Health. Following his training, he joined the staff of the New England Deaconess and assisted in its incorporation into the integrated psychiatric service of the Beth Israel Deaconess Medical Center (BIDMC).

Dr. Bloomingdale's primary interest has been in affective disorders and in electro-convulsive treatment (ECT) efficacy and complications. He has expanded the ECT service at BIDMC and reached out to work with physicians from other disciplines to make ECT available to medically ill patients who require additional supports to ensure safe treatment. Dr. Bloomingdale's reputation for providing excellent clinical care and his readiness to serve patients who are medically ill and severely compromised has led to his service becoming a referral center from other physicians and hospitals in the region.

Dr. Bloomingdale also has a large ambulatory clinical practice consisting of tertiary care and complex cases with patients who have not responded to treatments offered in other settings.

Dr. Bloomingdale is also an outstanding teacher and mentor, attracting to his service residents from other residencies as well as medical students and practicing psychiatrists who are interested in learning ECT. He has written on affective disorders and ECT and its complications and is also interested in other neuromodulation treatments. He has also prepared educational materials and non-print materials on ECT.

For his decades-long commitment to serving patients afflicted with affective disorders, his contributions to expanding access to ECT, and his teaching, which has helped destigmatize ECT, the MPS is pleased to award Dr. Kerry Bloomingdale with the MPS 2019 Outstanding Psychiatrist Award in Clinical Psychiatry.



PUBLIC SECTOR - Derri Shtasel, MD, MPH



Dr. Derri Shtasel graduated from Swarthmore College. She earned her medical degree at Temple University School of Medicine and did her psychiatry residency at the New York University Medical Center/Bellevue Hospital. She later earned her MPH at the Harvard School of Public Health.

During the early part of her career, she worked with the chronically mentally ill in Philadelphia. She led an NIMH-funded clinical research center focused on schizophrenia, where she sought to improve clinical care through linking the assets of academic medicine with the expertise of community providers. Through this kind of leverage, she developed Philadelphia's largest program in public and community psychiatry. She also directed the psychiatry residency program at the University of Pennsylvania.

Dr. Shtasel came to Boston in 2000 where she served in leadership positions in several Harvard-affiliated hospitals, including North Shore Medical Center and Cambridge Health Alliance. She was then recruited by Massachusetts General Hospital (MGH), where she now serves as the Michele and Howard J. Kessler Chair and director of the Division of Public and Community Psychiatry.

Dr. Shtasel provides direct clinical care in the Boston Healthcare for the Homeless Program. In addition to her clinical and administrative duties, she has created and guided innovative clinical rotations for residents in collaboration with the Boston Healthcare for the Homeless Program, Erich Lindemann Mental Health Center, St. Francis House, Nashua Street Jail, and Bridge over Troubled Waters. She chairs the APA's Public and Community Psychiatry Fellowship Recruitment Committee.

She has published over 50 peer-reviewed papers and presented scholarly work in over 50 local, national, and international academic venues. She was appointed associate professor of psychiatry at Harvard Medical School. Dr. Shtasel has received many honors, including the Exemplary Psychiatrist Award from NAMI, Distinguished Fellow of the APA, Dr. Jim O'Connell Award from the Boston Healthcare for the Homeless Program, MGH Dept. of Psychiatry's Exceptional Mentorship in the Clinical Realm, and Exceptional Mentorship of Women.

The MPS is pleased to present the 2019 MPS Outstanding Psychiatrist in the Public Sector Award in recognition of her dedication to community psychiatry, which is guided by the belief that medicine is a vehicle for social justice with a particular focus on mental health and racial equality. She has a remarkable ability to create academic-community collaborations as a platform for integrated service delivery models, research, and equitable access to care for underserved populations.



LIFETIME ACHIEVEMENT - John Renner, Jr, MD



Dr. John Renner earned his undergraduate degree from Yale University and his medical degree from Case Western University School of Medicine. He did his psychiatry residency at Tufts NE University School of Medicine. He then served two years in the US Navy, first as a staff psychiatrist and then as chief of Neuropsychiatry at the Naval Hospital on the USS *Repose* in the Republic of Vietnam. Upon returning to Boston, he held appointments at Massachusetts General Hospital and Boston City Hospital in addition to academic appointments at all three Boston medical schools. He is currently professor of psychiatry at Boston University School of Medicine. He was medical director and then director of the City of Boston Drug Treatment Program. He currently directs the VA Boston Healthcare System outpatient addiction treatment program and the joint BU/VA Boston Addiction Psychiatry Residency. He also serves as the associate director of the Boston University Medical Campus (BUMC) General Psychiatry Residency Program.

John has written and lectured extensively on the treatment of alcoholism and drug addiction. He authored or coauthored over 70 scientific papers, critical reviews, and book chapters. He is senior editor of the APA Publisher's *Handbook on Office-Based Buprenorphine Treatment of Opioid Use Disorder*.

John is widely recognized as a pioneer and leader in the field of addiction medicine. He is past president of the American Academy of Addiction Psychiatry and former chair of the APA Council of Addiction Psychiatry. He is a member of the Data Safety Monitoring Board for the Clinical Trials Network of the National Institute on Drug Abuse and a member of the Clinical Advisory Committee of Physician Health Services at the Massachusetts Medical Society (MMS).

John has received numerous awards and honors recognizing his contributions to psychiatry as a teacher and mentor, including the American Psychiatric Association (APA) Roeske Award for Excellence in Medical Student Education and the Excellence in Mentorship Award of the Association for Medical Education and Research in Substance Abuse. He is also recipient of the Founders Award of the American Academy of Addiction Psychiatry and a Distinguished Life Fellow of the APA. John is also the 2019 recipient of the MMS Special Award for Excellence in Medical Service.

In recognition of his half-century commitment to improving the care of patients with addictive disorders, the Massachusetts Psychiatric Society is pleased to present the MPS 2019 Lifetime Achievement Award to Dr. John Renner.



RESEARCH - Grace Chang, MD, MPH



Dr. Grace Chang graduated cum laude from Yale University. She attended the Robert Wood Johnson Medical School at Rutgers University and then returned to Yale where she did her residency and chief residency. She stayed on as a Robert Wood Johnson Clinical Scholar in the Departments of Internal Medicine and Psychiatry and also earned her MPH. She is double-boarded in psychiatry and addiction psychiatry.

Dr. Chang held several clinical and administrative positions in the addictions field at the Connecticut Mental Health Center and was appointed assistant professor of psychiatry at Yale University School of Medicine. In 1991 she came to Boston and joined the staff at Brigham and Women's Hospital where she was director of the Division of Health Services Research for Partners Psychiatry and Mental Health, along with other roles. In 2011 she moved to the VA Boston Healthcare System where she has worked in substance abuse and consultation-liaison psychiatry. She has attained the rank of professor of psychiatry at Harvard Medical School (HMS) and is currently acting head of the Harvard Department of Psychiatry at the VA.

Dr. Chang's research has focused on three areas: transplantation psychiatry; substance abuse, especially its effects on pregnant women and their babies; and patient evaluation and treatment outcome issues. The results of her research on the identification and prevention of prenatal alcohol use, including the first-ever randomized trial of a brief intervention, informed the development of the Drinking and Reproductive Health Toolkit that is disseminated by the American College of Obstetricians and Gynecologists.

She has a passion for initiating quality improvement/clinical research projects to encourage the academic development of psychiatry residents and junior faculty. She has chaired the Harvard Consolidated Department of Psychiatry Research Committee and has held many other positions in the HMS faculty organization. In addition to her research and teaching, Dr. Chang is an outstanding clinician and a consultant to the Massachusetts Medicaid Mental Health and Substance Abuse Program along with many other public and private mental health care and substance abuse treatment groups.

Dr. Chang has written 93 peer-reviewed papers and 33 chapters and reviews. She has been invited to speak locally, nationally, and internationally on subjects in her research areas. She is a reviewer for at least 20 professional journals and has received many awards and honors for her research as well as for her teaching and mentoring. Her research has been consistently funded for over 30 years.

The MPS is pleased to present Dr. Grace Chang with the 2019 Outstanding Psychiatrist Award for Research.



ADVANCEMENT OF THE PROFESSION - Rohn Friedman, MD



Dr. Rohn Friedman graduated summa cum laude from Harvard College and was a member of Phi Beta Kappa. Prior to going to Harvard Medical School, he studied psychology and philosophy at the University College of Oxford University on a Marshall Fellowship. He did his residency in psychiatry at New York Hospital-Cornell Medical Center and completed Helen Singer Kaplan's Sex Therapy Training Program at the Payne Whitney Clinic. He began his psychoanalytic training at the NY Psychoanalytic Institute and completed it at the Boston Psychoanalytic Institute where he served for some time on the faculty and on various committees. He is quadruple-boarded in general, consultation-liaison, geriatric, and forensic psychiatry and has served as an examiner for the American Board of Psychiatry and Neurology.

Dr. Friedman's first appointments in the Boston area were at Cambridge Hospital, McLean Hospital, and Harvard Community Health Plan before coming to Beth Israel Hospital in 1987, where he is now the highly valued vice chair of the Department of Psychiatry and associate professor of psychiatry at Harvard Medical School.

Dr. Friedman has written about patient evaluation and treatment in emergency situations and in consultation-liaison psychiatry. He also has explored whether smartphones can be used to monitor symptoms of mental health conditions — especially in the elderly.

Dr. Friedman has served as core teacher of faculty, residents, and medical students. His clear-thinking, near-encyclopedic knowledge of the scientific literature in his area, and his gentle, understated way have led countless students and colleagues to seek him out for teaching and clinical advice. He is the consultant's consultant.

He has been very active in many national and local professional organizations. In the MPS he has served on the nominating committee, as co-chair of the Primary Care Task Force, councilor, president-elect, and then as president. In these positions, he has brought wisdom, an ability to help others to do their best work, a deep commitment to patients, and unparalleled professionalism.

The awards committee is pleased to name Dr. Rohn Friedman the recipient of the MPS 2019 Outstanding Psychiatrist Award for Advancement of the Profession.